

# WHAT TO DO IF A DOG JUMPS UP AND FRIGHTENS YOU

## BE A TREE

Stand still

Drop everything you are holding

Fold your arms across your chest

Tuck your chin in

Don't move

Don't scream

Don't run away

Don't move your arms

Don't stare

Act bored

## YOU ARE NOW A TREE!

When the dog moves away, walk backwards very slowly, keeping your eye on the dog. If it comes back, become a tree again.

